

#### FAIRFORD RUGBY FOOTBALL CLUB



Affiliated with the GRFU. Member of the Stroud Combination. Established 1997

#### Rugby Safe procedure at Fairford RFC

Whilst the health and wellbeing of all of our players and members remains a key priority, everyone at FRFC has a responsibility to player welfare and RugbySafe. Should any FRFC player sustain an injury during training or matches the following protocol should be put in place.

# Stage 1

• Immediate first aid administered at pitch side by a qualified first aider (Juniors and Minis) or Prime Practice (Seniors and Vixens)

## Stage 2

• An accident form to be completed by the injured party if an adult, and overseen and retained by Prime Practice. Juniors and Minis, should have their parent or guardian complete the form and the first aider retain.

### Stage 3

• If the injury is likely to prevent a player from playing rugby the following week, the form should be submitted to the club's RugbySafe Lead

# Stage 4

•If any injury occurs that results in the player being admitted to hospital (this does not include A+E and allowed home) or death within 6 hours of a game finishing please report to the RFU injury reporting helpline 0800 2980102 or email sportsinjuriesadmin@rfu.com as soon as the seriousness of the players condition is confirmed and certainly within 48 hours of the game or training session

The club will notify the insurers and record witness statements if there is potential for insurance or personal injury claims.

Any player sustaining an injury is welcome to attend an injury clinic with Prime Practise - please book via SPOND or contact Danny Briggs for more information.

\*FRFC do advise having your own personal accident insurance\*

Lorna Pugh FRFC Safeguarding & Rugby Safe Lead 07540 160942 safeguarding@fairfordrfc.co.uk



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