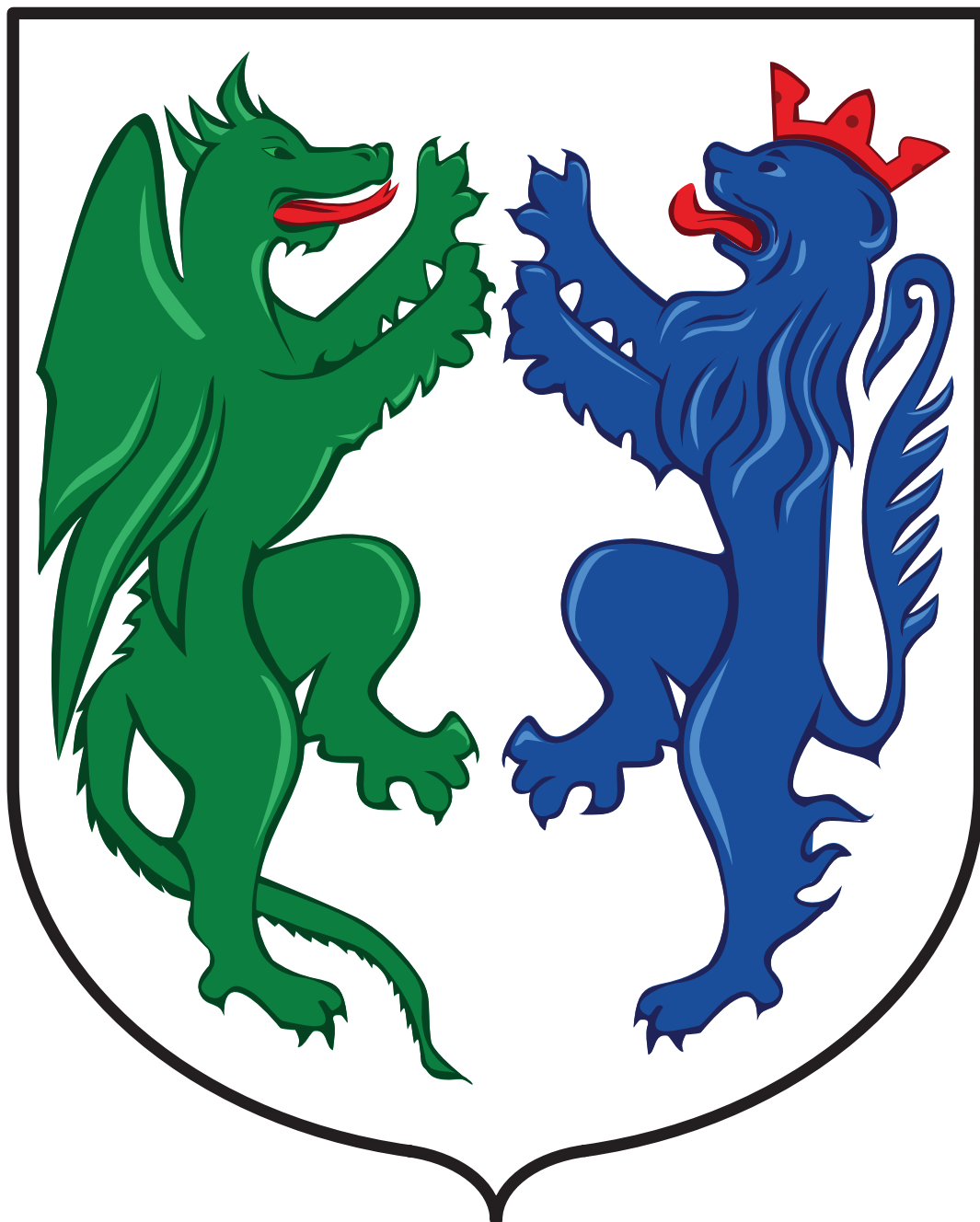


F.R.F.C



Word Search

G O R Q N C B L J S N R Y Z O
Y E K E E C J C P K E I B B P
Y S F N F P V R O C J I U F Z
A R T L K E I L X A K Z W M J
L R T X A N R O F L Y H A L F
E B S C G H J E R B M U R C S
A Y P B X U M P E L T C L F R
P P O B I C Q U K L B P H J K
T K F R W M O L R A I G H C G
S Y G V N Z Z H G C P A A W Y
N O I S R E V N O C S B J I I
R N D V F D U P C G L O G N N
X V W L G T O K J L P N B G F
D A O X N V Q G U V Y M O E V
J B N Y G W Q F H M P O I R A

ALLBLACKS
FLYHALF
SCRUM
TRY

CENTRE
FULLBACK
SCRUMHALF
WINGER

CONVERSION
REFEREE
SPRINGBOKS

Describe what you understand regarding the following terms in full sentences.

Try	
Tackle	
Scrum	
Fly half	
Scrum half	
Ruck	
Role of the referee	

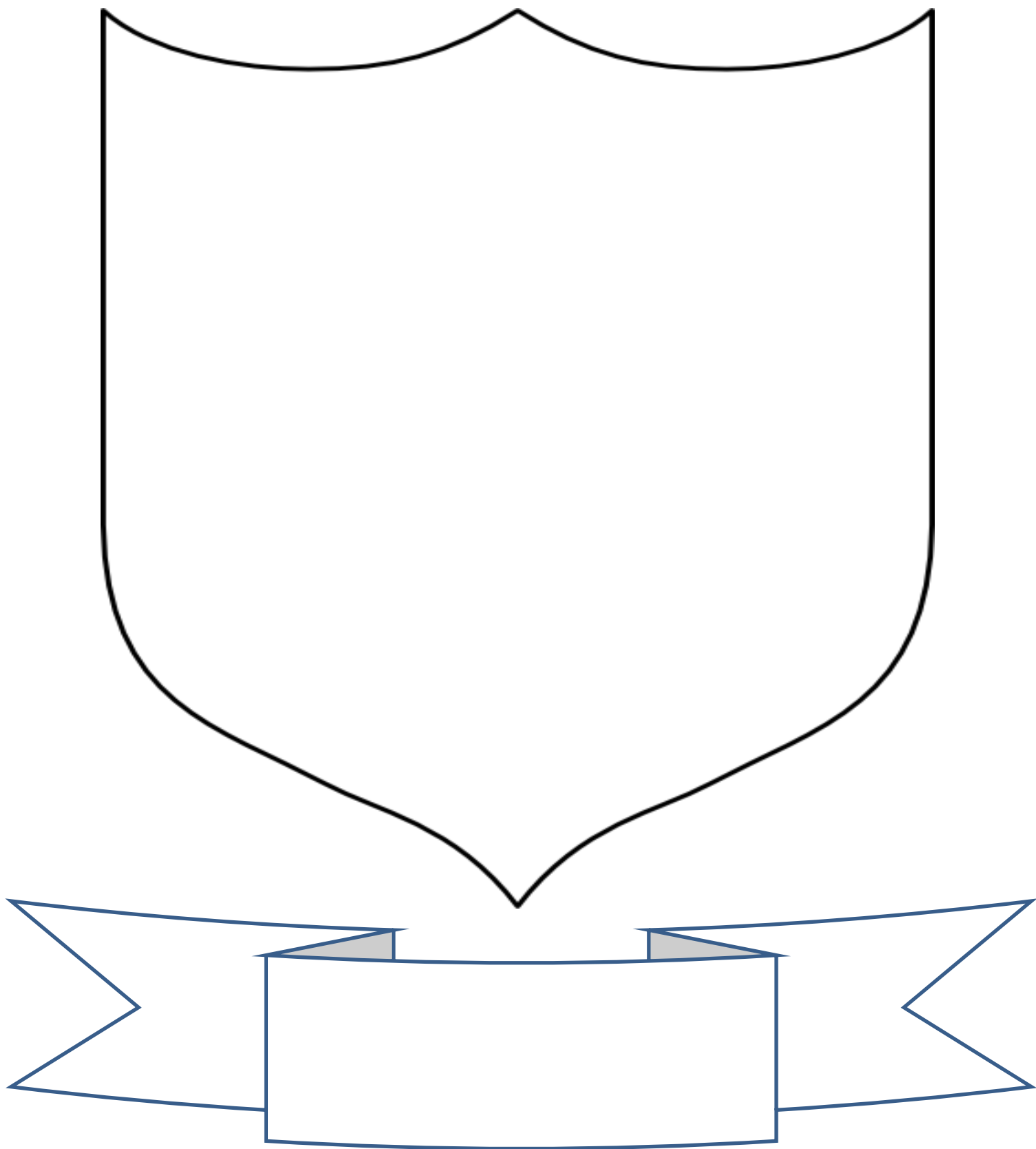
Name the National team badges



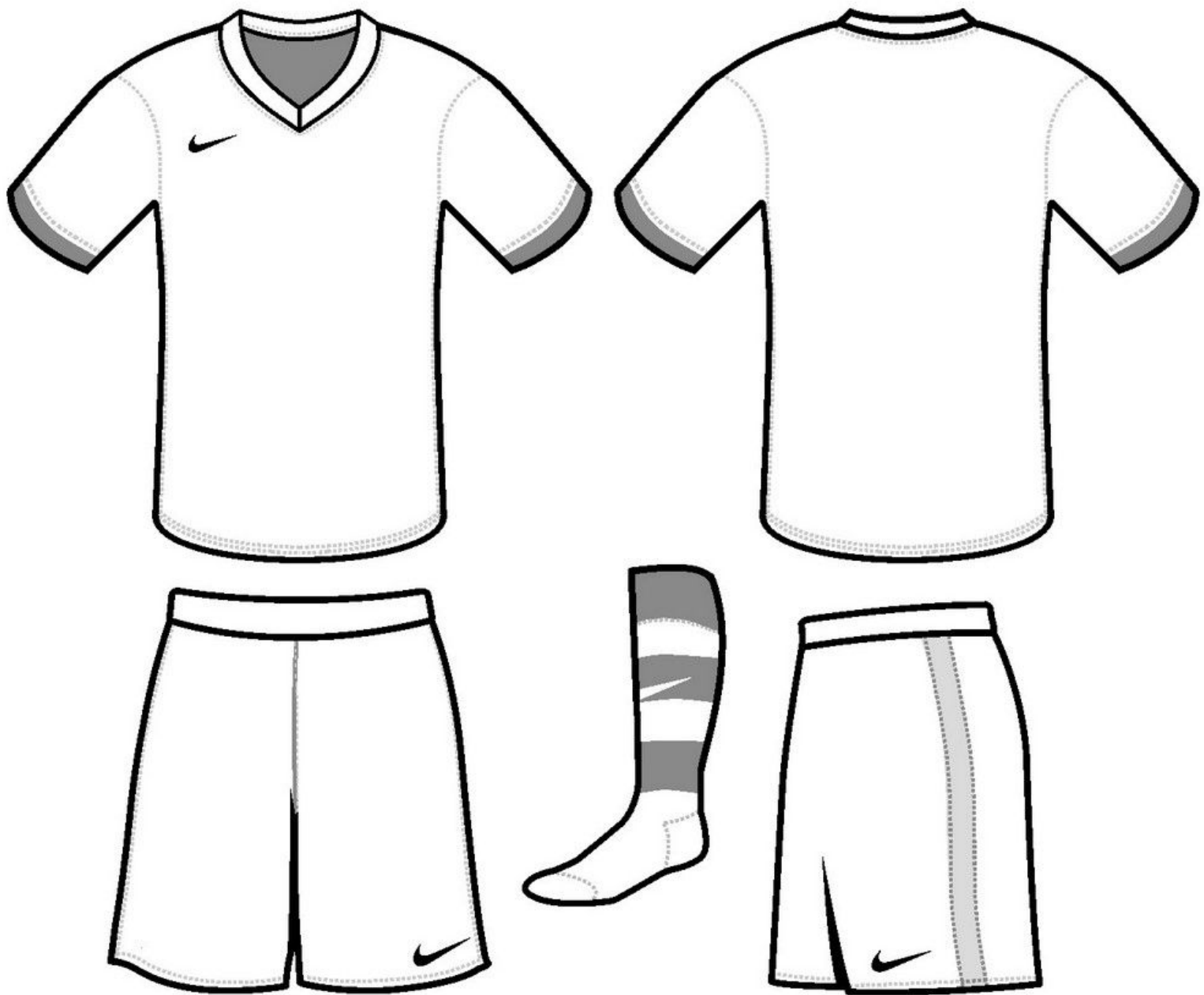
Name the players below



Design a Fun Fairford RFC Logo



Design a fun Fairford rugby strip for your age group



Read Owen Farrell's player profile...

...and then write 7 key facts about him

Owen Andrew Farrell is an English professional rugby union player, currently playing for Premiership Rugby side Saracens. Farrell has played international rugby for England since 2012. His father is Andy Farrell, who played both rugby league and rugby union for England and is the current Head Coach of the Irish National Team. His preferred position is fly half, but he often plays at inside centre for England during international matches.

Farrell celebrates every point he scores by linking his index fingers together to make a 'JJ' sign, the Joining Jack salute, Joining Jack being a charity dedicated to the needs of sufferers of Duchenne muscular dystrophy. Farrell is also a patron of the Duchenne muscular dystrophy charity Duchenne UK.

Owen Andrew Farrell was born on 24 September 1991 in Billinge, St Helens, Merseyside. He began playing rugby league in his hometown at the age of eight for Wigan St Patricks. When his father Andy signed for Saracens in 2005, his family moved to Harpenden in Hertfordshire, where Owen at the age of 13 or 14 was introduced to rugby union for the first time. He has two younger sisters, Elleshia and Gracie and one younger brother, Gabriel.

Farrell held the record of youngest player ever to appear in English professional rugby union after playing for Saracens 11 days after his 17th birthday, in a 26–17 home defeat against Llanelli Scarlets in the EDF Energy Cup on 5 October 2008,[11] until this record was broken in November 2009 by George Ford of Leicester Tigers.

In the 2010–11 season, Farrell signed for Bedford Blues on loan. However, he returned to Saracens and was pivotal in the 2010–11 Aviva Premiership Final, kicking five penalties and converting James Short's try, ending with a personal haul of 17 points in the 22–18 victory over reigning champions Leicester Tigers. The 2013–14 season was a strong season for Farrell and Saracens, with the London Club reaching the Heineken Cup against Toulon, but they missed out on the title after losing the match 23–6, and there was more disappointment for Farrell and Saracens after being defeated 24–20 in the Aviva Premiership Final against Northampton at Twickenham. Although Farrell did struggle with injury in the 2013–14 season after being knocked out unconscious in Saracens's 49–10 win over Leicester Tigers after colliding with opponent Niki Goneva, resulting in Farrell being carried off on a stretcher in a neck brace. In the 2014–15 season, Farrell won the man of the match award in the Premiership Final, scoring a try and kicking a further ten points. Saracens went on to win the final 28–16. The following season, Farrell won the Fans' Player of the Season for Saracens and kicked all 21 points against Racing 92 in the 2016 European Rugby Champions Cup Final, which Saracens won. He subsequently was awarded the Top Points Scorer award with 129 points scored in the tournament. In 2017, Farrell overtook Glen Jackson as the Saracens' all-time leading points scorer, having scored 1548 points in his career so far. In May 2017, Owen helped Saracens to a second successive European Champions Cup and was named European Player of the Year. In 2019, Farrell won the European Champions Cup for a third time, scoring 10 points in the final against Leinster at St James' Park in Newcastle.

Write 7 key facts about Owen Farrell

1.

2.

3.

4.

5.

6.

7.

Write a general sports profile about yourself

Think about:

- Your strengths!
- Where you think you need to improve.
- What your best sports and positions are.
- Are you strong, fast or agile?
- What teams have you played for?
- Why a coach should pick you for their team.
- Are you a leader, would you make a good captain?

This image shows a full page of primary-ruled paper. It features 20 evenly spaced horizontal dashed lines across the entire page, providing a guide for handwriting practice. The lines are black and set against a plain white background. There are no margins, text, or other markings on the page.

Write down as many rugby rules as you can think of.

1.....

2.....

3.....

4.....

5.....

6.....

7.....

8.....

9.....

10.....

11.....

Finding the European Cup rugby teams

Below are the British rugby clubs that took part in the European Cup during 2018 – 2019. The European cup is rugby's equivalent to the football's 'Champions League', with the best European teams competing against each other to win the Heineken Cup.

Your task is to locate the clubs on the map of the United Kingdom.

Leinster Rugby

Saracens

Munster Rugby

Gloucester Rugby

Exeter Chiefs

Ulster Rugby

Bath Rugby

Glasgow Warriors

Connacht Rugby

Wasps RFC

Edinburgh Rugby

Scarlets

Ospreys Rugby

Newcastle Falcons

Cardiff Blues



Write down / draw some ideas of new things that we could do to improve a certain area of the game of your choice.



Write down three areas that you do really well and one area that you could improve.

-
-
-
-

	Country	Nickname	Emblem	Highest Stage in RWC
				
				
				
				
				
				
				
				
				

	Country	Nickname	Emblem	Highest Stage in RWC
				
				
				
				
				
				
				
				
				

Alphabetical Order

Task: Place the countries in alphabetical order.

Italy	
USA	
Japan	
Samoa	
Australia	
Scotland	
Namibia	
South Africa	
Tonga	
Uruguay	
Canada	
Fiji	
Russia	
France	
Argentina	
Georgia	
Wales	
New Zealand	
Ireland	
England	

Capital Cities

Country	Capital City
Argentina	
Australia	
Canada	
England	
Fiji	
France	
Georgia	
Ireland	
Italy	
Japan	
Namibia	
New Zealand	
Russia	
Samoa	
Scotland	
South Africa	
Tonga	
Uruguay	
USA	
Wales	

Rugby Quiz

1. How many rugby players are in a full team? _____
2. How many points is a TRY worth? _____
3. How many points is a successful conversion worth? _____
4. How many points is a penalty kick worth? _____
5. Which nations teams are also known as the All Blacks? _____
6. What is the nickname for the South African Team? _____
7. When did England last win the World Cup? _____
8. Where will the 2023 World Cup be held? _____
9. When was the Rugby World Cup first held? _____
10. What is the name of the Rugby World Cup trophy? _____
11. Which team were caught paying their players too much in 2019/20 season

12. Where did England finish in the 2019 Rugby World Cup?
13. How many teams are in the Gallagher Premiership? _____
14. Can you name all the teams in the Gallagher Premiership?

15. Can you name all the teams in the six nations?

Rugby Dice Game



- Play the game with a partner.
 - Take turns to throw the dice.
 - Roll the dice.
 - Every time you roll a 5 you score a try (5 points).
 - If you roll a 5 you have another turn. If you roll a 2 you get a conversion (2 points).
 - If you roll a 3 you get a penalty - (3 points).
 - If you score four tries in the game, you get a bonus point.
 - The first person to get to 30 points win the game
-
- No dice? - <https://www.random.org/dice/?num=1>

Rugby Tries

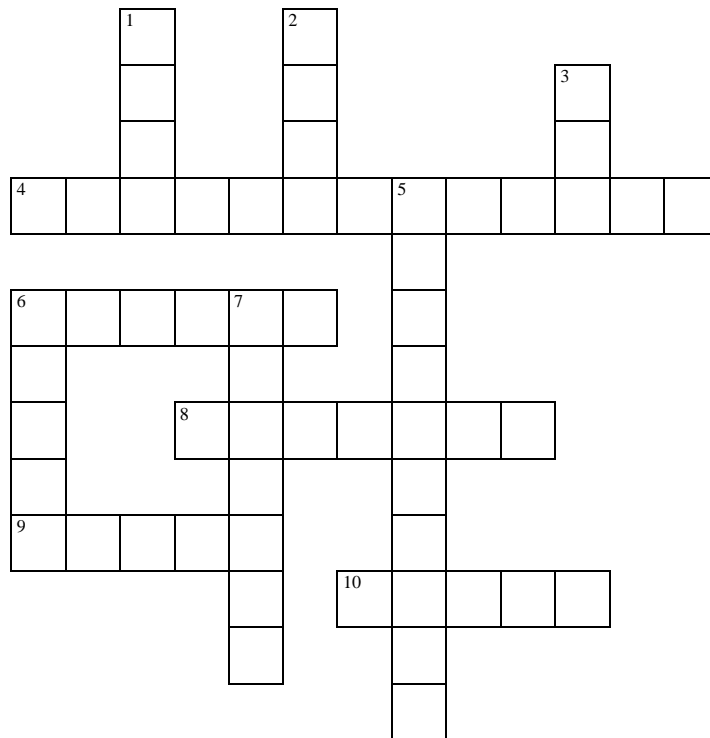
This is a game for two players. Choose which team from the Rugby World Cup you are playing for. Toss a coin to see who goes first. The player who is first tosses the coin. If it lands on heads a try is scored and you get 5 points. If it lands on tails no try is scored. Do this 6 times. If the points are equal after 6 attempts, continue taking turns, tossing the coin until the first try is scored.

Team:	Team:
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
Sudden Death	Sudden Death
Total	Total

Team:	Team:
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
Sudden Death	Sudden Death
Total	Total



World Cup Rugby



Across

4. What is the nickname for the South African team?
6. How many teams are taking part in the Rugby World Cup?
8. How many players are there in a rugby team?
9. What number is the scrum-half?
10. Where will the Rugby World Cup take place?

Down

1. How many points is a try worth?
2. How many tries do a team have to be awarded a bonus point?
3. How many times have Australia won the Rugby World Cup tournament?
5. Which team perform the haka before matches?
6. How many points is a drop goal worth?
7. What is the emblem of the Scotland's national rugby team?

fifteen, eight, New Zealand, three, five, twenty, the Springboks, Japan, thistle, four, two

World Cup Rugby Word Search 1

Can you find?

australia
new Zealand
samoa
tonga
france
italy
uruguay
namibia
russia
canada

a	o	k	e	y	a	u	g	u	r	u	t	g	i
r	a	i	d	j	g	i	y	s	f	h	s	y	p
s	c	r	o	d	n	a	l	a	e	z	w	e	n
d	i	e	s	n	o	j	a	p	a	n	a	c	a
n	r	l	c	c	t	b	t	h	y	n	l	n	i
a	f	a	o	q	r	c	i	b	a	g	e	a	l
l	a	n	t	u	u	l	r	m	a	o	s	r	a
g	h	d	l	d	s	m	i	w	i	x	m	f	r
n	t		a	z	s	b	l	a	g	p	b	a	t
e	u	v	n	n	i	j	i	f	r	c	j	d	s
t	o	e	d	a	a	g	n	k	o	z	h	q	u
f	s	a	u	m	w	c	v	f	e	j	l	n	a
e	i	x	a	n	i	t	n	e	g	r	a	m	k

Can you find?

argentina
south africa
georgia
japan
ireland
wales
scotland
usa
fiji
england

World Cup Rugby Word Search 2

Can you find?

try
conversion
penalty
dropkick
rugby
tackle
forward
back
scrum
maul

t	a	l	j	r	e	k	n	a	l	f	e	i	w
e	s	y	h	o	o	k	e	r	h	o	u	h	c
a	m	s	t	m	k	t	g	b	y	k	d	h	n
m	a	u	l	l	c	t	l	y	x	b	g	u	o
o	k	f	r	l	a	k	g	p	a	f	g	l	i
b	l	r	z	c	b	n	r	w	y	n	v	u	s
w	i	y	k	a	s	e	e	e	r	e	f	e	r
t	n	l	q	c	m	z	g	p	t	k	o	i	e
l	e	f	p	a	u	h	p	c	f	d	r	e	v
d	o	r	s	b	i	r	q	u	j	i	w	j	n
t	u	c	b	y	o	m	d	m	a	k	a	h	o
c	t	z	k	p	n	e	x	v	o	n	r	v	c
a	s	c	p	q	x	o	f	f	s	i	d	e	j

Can you find?

ruck
referee
lineout
flanker
haka
hooker
lock
offside
prop
team

World Cup Rugby Word
Search 3

Can you
find?

- ball
- team
- try
- scrum
- pass
- tackle
- penalty
- forward
- back
- line
- score

a	y	r	t	b	j	h	p	d
e	t	g	e	l	k	c	a	t
r	l	b	a	c	k	n	s	k
o	a	l	m	u	r	c	s	e
c	n	f	o	r	w	a	r	d
s	e	p	i	l	l	a	b	o
f	p	t	m	c	l	i	n	e

World Cup Rugby Anagrams 1

Can you unscramble these words? They are all countries taking part in the Rugby World Cup.



How many did you get? ____

otshu rfcaia		
ogtan		
aosma		
nlengad		
iutaasrla		
tiyla		
jiif		
aewsl		
reaitanng		
enw leaznad		
rlnidae		
oegagir		
issuar		
napja		

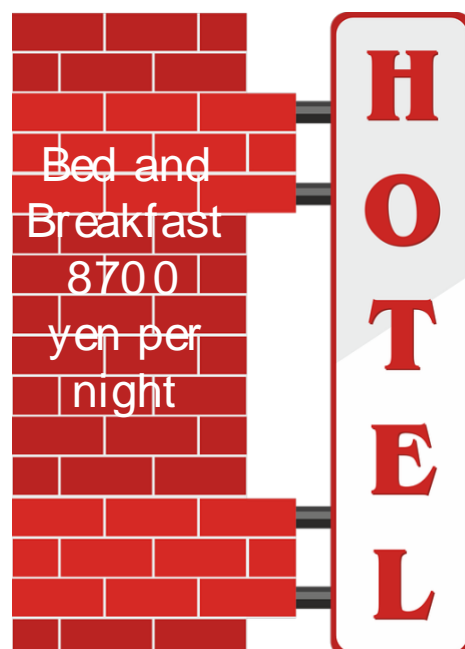
Rugby World Cup Trip Prices

England v Tonga
22nd September
22500 yen

England v USA
26th September
22500 yen

England v Argentina
5th October
22500 yen

England v France
12th October
22500 yen



Rugby World Cup Trip

You have been saving up to go the 2019 Rugby World Cup tournament in Tokyo to watch England play in the pool matches. You have managed to save £4000. Will this be enough for the trip?

You plan to leave on Thursday 19th September and return on Friday 15th October. You will be in Tokyo for 25 nights. You need to book match tickets, flights, accommodation and travel to and from the airport.. You will also need to budget for lunch and an evening meal each day.

The exchange rate is £1 = 135 yen. Using the World Cup price sheet, calculate the cost of the trip rounding price in pounds and pence to 2 decimal places.

Item	Number of Items	Total Cost	
		Yen	Pounds
Flights			
Tickets			
Airport Transfers			
Hotel			
Lunches			
Evening Meals			
Total Cost of Trip =			

Can you afford the trip? Do you have any money left over to spend? If yes, how much?

Weight of Holiday Items

Weight of empty suitcase	4 kilograms
T Shirt	150 grams
Jeans	800 grams
Hoodie / Jumper	400 grams
Skirt	175 grams
Dress	300 grams
Leggings	275 grams
Shorts	300 grams
Shirt	150 grams
Jeggings	350 grams
Toiletries	100 grams each
Swimwear	100 grams
Shirt	150 grams
Socks / Underwear	100 grams each
Shoes / Trainers	850 grams
Tracksuit bottoms	600 grams
Nightwear	150 grams
Hair Straighteners	400 grams

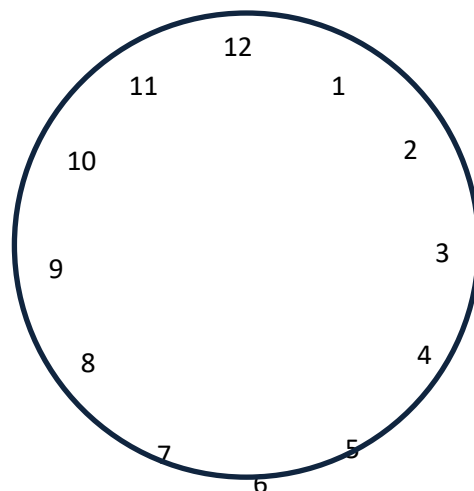
Weight of Luggage

You need to pack your suitcase. The maximum amount of luggage you can take is 20 kilograms. Using the information in the weight of luggage table, select all the items you need to take with you making sure that you do not exceed your luggage allowance.



Item	Number of Items	Total Weight
Total Weight		

1. The first game is at 11:45 am UK time. Japan is 8 hours **ahead** of the UK. What time will the game be on in Japan?
2. Draw the answer to question 1 on the analogue clock:



3. The first game that England are playing is at 19:15 Japan time. What time will it be in the UK?
4. A) There are 20 teams playing in the World Cup but only 8 qualifying places. How many teams will be knocked out after the first rounds?
B) Is that more or less than **half** of the original number of teams?
5. The team playing in the games is made up of 22 players, however there will only be 15 players on the field at any one time. How many players will be on the bench?
6. A try = 5 points and a conversion = 2 points. You can only score a conversion after scoring a try. If England score 2 tries but only 1 of them is converted, what will their score be?
7. England are 21 points up by half time. How many tries **and** conversions have they scored?
8. A) A penalty = 3 points. If England have scored 4 tries, 4 conversions and 2 penalties, what will their score be?
9. It is the England vs USA game. England have won 24 points to 9. How many points have they won by?

CHALLENGE QUESTIONS:

England have won by 24 points. Write down 2 different ways they could have won these points using the score system in the box:

1.

2.

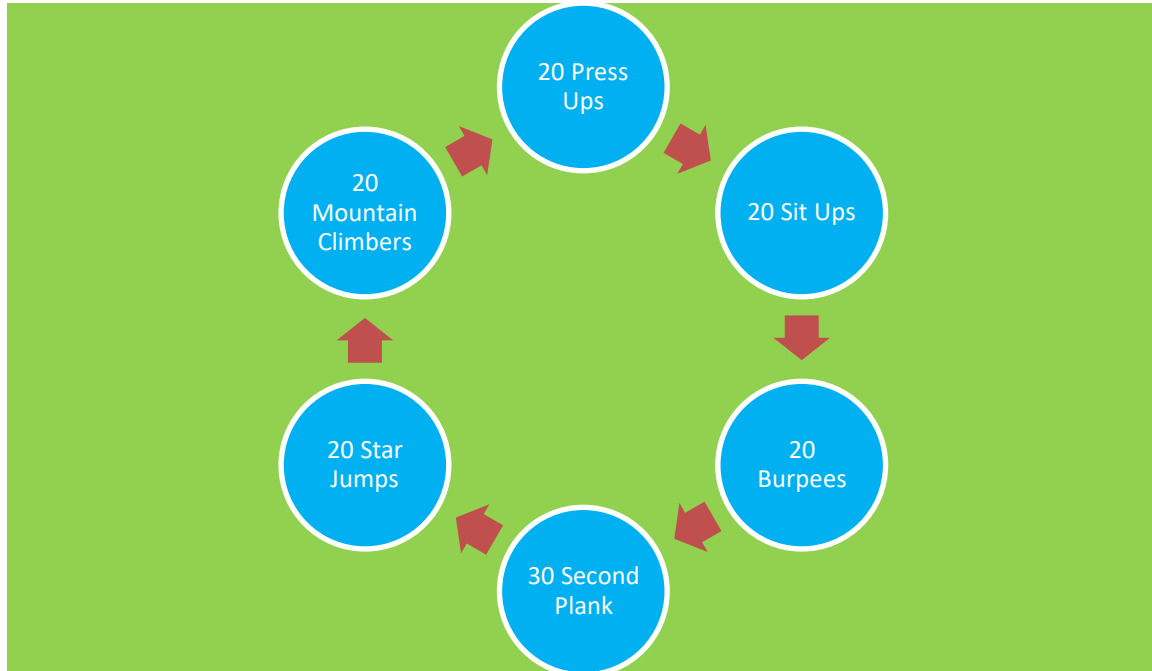
Try = 5 points

Conversion = 2 points

Penalty = 3 points

Fitness Circuits – Every other day!

Morning



Afternoon

