



# Fairford RFC Newsletter

Number Twenty-Eight  
December 2018



## Merry Christmas and Happy New Year



On behalf of Fairford Rugby Club, I would like to wish you all a Merry Christmas and all the best for the New Year. The start of the 2018/19 season has been extraordinarily successful. We have a growing juniors section of around 90 members, supported by a great group of volunteers and coaches. You will hear more from Khalid, our Junior Coaching Coordinator in this newsletter about how and why we train the way we do, and our ongoing need for more coaches. Please consider junior rugby coaching as one of your New Year Resolutions!

Our senior team is having one of the most successful starts to their season with seven wins out of seven in their league, in addition to cup-tie success. For the first time in a very long time, we are managing to turn out a second team for friendly fixtures, having played three times so far this season. Thank-you to all involved with the Senior Team for their commitment and support.

We continue to be at the heart of the local community, supporting local events, such as Fairfest through to Fundraising activities. Please support our Fairford Rugby Runners team raising monies for both Fairford Rugby Club and Make-A-Wish. They will be running some social events for all members in the New Year. We are also asking our junior members to support Cirencester Food Bank this Christmas, any donations appreciated.

A huge thank-you to call of our volunteers, sponsors and members for your continued support, without you we would not be able to run the club. I hope you enjoy the festive break and I look forward to seeing you all in the New Year for the rest of the season.

*Jonathan (Beamer) Chambers, Chair, Fairford RFC*

## Community Support from Fairfest

As a community club, we like to support the people of Fairford and the surrounding area. Each year we allocate a percentage of the profits from Fairfest to a local charity. This year we donated £500 to the Poppy and Eleri fund, which supports two local girls in their recovery from cancer. We hope this goes some way in supporting their recovery. In addition, we donated £100 to Fairford Tennis Club in recognition of their ongoing support to the club, in particular allowing us access to water for the all-important buttie van.

## In Memoriam – 17 November

The Senior Team paid their respects to Barry Bird who passed away in November at their home game v Minchinhampton RFC. Barry was one of the first Honorary Life Members and a staunch supporter since the creation of the club. He will be missed.



## Please support Cirencester Food Bank this Christmas



As part of the many ways the Fairford rugby demonstrates the values of rugby union - **Teamwork, Respect, Enjoyment, Discipline and Sportsmanship** (TREDS) we'd very much like to run a Christmas collection for Cirencester Foodbank. Jonny Butler (our U10 Coach) will be collecting items on the **Sunday 2 and**

**Sunday 9 December** during Sunday training. There will be a box in the cabin for you to leave any donations, please ask Jenny if unsure.

If you feel able to contribute the items they're in desperate need of are:  
Tinned fruit / Tinned vegetables / Long-life sponge pudding / Long-life juice / Long-life milk / Tinned fish / Tinned meat / Tea bags (40s or 80s) / Jam / Jars of coffee / Tinned tomatoes / Christmas treats (choc coins, biscuits) / Mince pies / Christmas pudding. Thank-you in advance for your donations. You can learn more about Cirencester Food Bank here:

<https://cirencester.foodbank.org.uk/>



## U7 to U10 Home Game v Cricklade RFC Sunday 18 November

What a glorious morning for Rugby. Well done to our U7 to U10 for some great games v Cricklade RFC whilst our U5, U6 and U11/12 trained. A huge thank-you to all our coaches and volunteers for making this happen. We received a very lovely email of thanks from Cricklade RFC after the day.



(by Khalid Moore, Mini and Junior Coaching Coordinator)

## 2018/19 Membership Fees

## Senior Membership Fees

<https://fairfordfc.co.uk/product-category/membership/> You cannot play unless you have paid, so please do so ASAP!

The 2018/19 season Membership is £80 first child and £30 for additional child(ren). This can be paid with at the Cabin on a Sunday – Jenny will take all membership payments and ensure you receive your Fairford RFC Rugby Ball.



## Junior and Minis Training – what do we do?

(by Khalid Moore, Mini and Junior Coaching Coordinator – photo below)

**AGE  
GRADE  
RUGBY**



I'll always remember my first training session with the under 6's. We had 30 or so kids, all at different levels. Some were clinging to their parents, crying because they couldn't throw or catch the weird egg-shaped ball that was being given to them and someone had taken their tag. At the other end of the scale we had a group of kids who had somehow transformed from mild mannered 4-year olds to mini Chris Ashtons, darting the full length of the pitch at pace before leaping through the air like Superman and scoring 'Ash Smash' tries. In between were a mixture of those just excited to be there and others looking generally confused.

At the end of the season however, my team played Cirencester and I couldn't have been prouder of the performance that they put in. We lost as many games as we

won, but in all of them, you could see the improvement in every child.

As an RFU accredited club, we follow the Age Grade Rugby guidelines:

<https://www.englandrugby.com/my-rugby/players/age-grade-rugby/>. All age groups under 8 play tag rugby with most of the training sessions focussing on basic skills. From Under 9s onwards kids are introduced to the contact game where the ability to call on these basic skills becomes more important.

At every level however, we coach the core rugby values:

### **CORE VALUES OF RUGBY**

#### **Teamwork**

- We play selflessly: working for the team, not for ourselves alone, both on and off the field.
- We take pride in our team, rely on one another and understand that each player has a part to play.

#### **Respect**

- We hold in high esteem our sport, its values and traditions and earn the respect of others by the way we behave.
- We value our coaches and those who run our clubs and treat clubhouses with consideration.

#### **Enjoyment**

- We encourage players to enjoy training and playing.
- We enjoy being part of a team and part of the rugby family because it enhances confidence and self-esteem.

#### **Discipline**

- We ensure that our sport is one of controlled physical endeavour and that we are honest and fair.
- We obey the 'Laws of the Game' which ensure an inclusive and exciting global game.

#### **Sportsmanship**

- We uphold the rugby tradition of camaraderie with team mates and opposition.
- We ensure that the wellbeing and development of individual players is central to all rugby activity.

Age groups are prescribed by the RFU to make sure that every player is able to enjoy rugby in a safe environment where they can develop their personal and social skills as well as a wide array of transferable multi-sports skills.

As parents, please feel free to speak to your coaches if you have questions about these values, your children's matches or training sessions. If you have ideas and inputs, then we'd also love to hear from you.

### **Seniors Quiz Night – Saturday 10 November**



Fairford Seniors had a quiz night on 10 November, which raised £85 for the club. A big thank-you to Danny Briggs for organising the event. Please look out for another quiz night for Juniors and Seniors in the New Year which will be run by Fairford Rugby Runners for the club and Make-A-Wish.



## Junior and Minis Training at Home – Sunday 4 November

A damp soggy training session Sunday 4 November, but our mini and junior members still had a fab time. A huge thank you to our coaches and volunteers for a great session and to all parents and carers for the fantastic turn out.



## Fairford Rugby Runners – London Landmarks Half Marathon for Make-A-Wish UK

Twelve members of Fairford Rugby Club are running the London Landmarks Half Marathon, Sunday 24 March to raise money for Make-A-Wish UK. Make-A-Wish UK change lives through granting one wish at a time, each unique to a child. The running team meet on a Thursday evening at 1930hrs for a group run, in between their own individual training sessions. Anyone is very welcome to join the weekly group run session, which is now hitting the 5 to 8 mile distance, speak to Jenny who will add you to the WhatsApp Fairford Rugby Runners Group as the location can vary depending on distance. Those running on the 24 March include:

1. Natalie Curtis
2. Jenny Cook
3. Katy Dawson
4. Davina Hedges
5. Charlotte Paget
6. Milly Paget
7. Ellie Rhys-Burgess
8. Laura Hubbard-Miles
9. Neil Jarrett
10. Jim Huish
11. Nick Whitlam
12. Lindsey Thurlow



**Please, please sponsor us.** More money means more wishes. This is our group Just Giving Page: <https://www.justgiving.com/teams/FairfordRugbyRunners> Please click on any of the runners individual pages to donate (all donations to individual runners go towards the £5K target). Thank-you.

Lindsey Thurlow has set herself her own personal £5K challenge for Make-A-Wish running two half marathons, four full marathons and the London to Brighton Ultra Marathon. You can sponsor Lindsey here: <https://www.justgiving.com/fundraising/lindseyswishes>



## Cake Stall – 18 November 2018

A massive thank-you to everyone who contributed to the cake stall at our home game on 18 November and to Oskar and Charlotte for service with a smile. A whopping £131.50 raised to be shared between Fairford RFC Juniors and the Fairford Rugby Runners Team for Make-A-Wish. Thank-you everyone for your generosity.



## Seniors Update (written by Kenny Robins)

(Photo below) Fairford RFC team v Minchinhampton



### 3 November 2018

Gloucester All Blues RFC vs Fairford RFC. Gloucester All Blues couldn't raise a side so Fairford continued their unbeaten run by forfeit.

### 10 November 2018

Fairford RFC vs Norton RFC - Quarter Final of the GRFU League10 Cup. Two weeks on the trot, the opposition couldn't raise a side so Fairford got a BYE through to the Semi-Final at Home to Bream RFC on 8/12. The game off did allow the Seniors to thoroughly enjoy England's Autumn Internationals.

### 17 November 2018

Fairford RFC 37- 13 Minchinhampton RFC. Returning to league action, the Badgers sought to make it 7 wins from 7 against a Minch side that were in the league above last season. Despite going 6-0 down early on, Fairford rallied back to score 3 tries in the first half, 2 from Ben Goodey and another from Flanker Robbie Dalgleish. The second half continue with Fairford looking comfortable in attack and thriving off minch mistakes. Further tries continued from James Wrona , Mike Wrona and Ben Taylor, with Minch only scoring one in return.

### 24 November 2018

Fairford FRC Friendly XV 29 - 22 Cainwick FRC. Cainwick travelled over in good spirits for a friendly fixture and the game was played in a fitting manner. Fairford cobbled together an eclectic team varying from 14 to 12 players at various points in the game. A mixture of 1st XV players, old and bold came together to produce an entertaining game of rugby. Two tries for Robbie Dalgleish, as well as one apiece for Guy Livermore and Sam Young gave the home side enough for the win.

(Photo below of Fairford Friendly XV squad v Cainwick RFC)



### Seniors Fixtures:

Date	Fixture
01/12/2018	Norton (Away)
08/12/2018	Cainwick (Home) 2nd xv
15/12/2018	Painswick (Home)
05/01/2019	Tewkesbury (Away)
19/01/2019	Cainscross (Home)
26/01/2019	Cheltenham Civil Service (Away)
02/02/2019	Cainwick (Away) 2nd xv
09/02/2019	Westbury-on-Severn (Home)
16/02/2019	Gloucester All Blues (Home)
02/03/2019	Minchinhampton (Away)
09/03/2019	Norton (Home)
16/03/2019	2S GAME tbc
23/03/2019	Painswick (Away)
06/04/2019	Tetbury (Home)



## Kit store – Online and in the Cabin

### JUNIORS 2018/19

We continue to store a healthy stock of Junior and Mini's Fairford RFC branded kit that can be purchased (cash or cheque only) from the Cabin. The Cabin is open on Sundays when we are training / playing at home. We need more volunteers to share the Sunday kit store rota, if you are interested please speak to Debbie / Jenny on a Sunday. This year we also have a small stock of mouth guards (due to frequent requests). You can also order on line: [www.ragingbullsportswear.com/fairford-rfc-juniors](http://www.ragingbullsportswear.com/fairford-rfc-juniors)



### JUNIORS 2018/19

- |                                  |                     |  |
|----------------------------------|---------------------|--|
| • Playing Shirt                  | £30                 | <b>THESE ARE ONLY AVAILABLE FROM THE CABIN</b> |
| • Champion T Shirt               | £16                 |  |
| • Champion Polo Shirt            | £20                 |  |
| • Champion Hoodie                | £25                 |  |
| • Champion Training Top          | £30                 |  |
| • Champion Tracksuit             | £42                 |  |
| • Poly Twill Shorts              | £11                 |  |
| • Arena Track Pants              | £18                 | (microfibre)                                   |
| • Quantum Track Pants            | £18                 | (water repellent)                              |
| • Reversible jacket              | £34                 | (waterproof, windproof, fleece lined)          |
| • Socks                          | £8                  |  |
| • SnapBack Cap                   | £8.50               |  |
| • Beanie Hat                     | £8.50               | (green & white stripe or black)                |
| • Iphone case                    | £6.50               |  |
| • Gym Sack                       | £5.50               |  |
| • Boot Bag                       | £10                 |  |
| • Junior Opra Silver Mouth guard | - up to age 10 -£11 |  |
| • Senior Opra Silver Mouth guard | - over age 10 - £11 |  |

### SENIORS 2018/19

Seniors kit must be ordered on-line: [www.ragingbullsportswear.com/fairford-rfc-seniors](http://www.ragingbullsportswear.com/fairford-rfc-seniors) We have a limited range of 'sample' Fairford RFC branded RFC Seniors kit that are available for viewing / purchasing on a Sunday morning.

- Champion T Shirt £20
- Champion Polo Shirt £25
- Champion Hoodie £33
- Champion Training Top £35
- Champion Tracksuit £55
- Vest £12
- Poly Twill Game Shorts £13
- Poly Twill Pro Shorts £23
- Sports Shorts KK981 £23 (polyester)
- Campus Short £20 (80% cotton, 20% polyester)
- Arena Track Pants £30 (microfibre)
- Quantum Track Pants £24 (water repellent)
- Reversible jacket £45 (waterproof, windproof, fleece lined),
- Soft Shell Jacket £35
- Quilted Jacket £50
- Beanie Hat £8.50 (green & white stripe or black)
- Kit Bag £30



Put children at the heart of everything we do and all the decisions we make.



Encourage fun on the pitch, through equal opportunity and realistic expectations of our children.



Build the skills of our adults to provide a safe, healthy, respectful and enjoyable environment for children.

## QUILTER KIDS FIRST RUGBY



Develop children's confidence and character as players and as people, challenging any behaviour that conflicts with this.



Champion rugby's Core Values, inspiring a lifelong bond between children, adults and our sport.



[englandrugby.com/kidfirst](http://englandrugby.com/kidfirst)

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